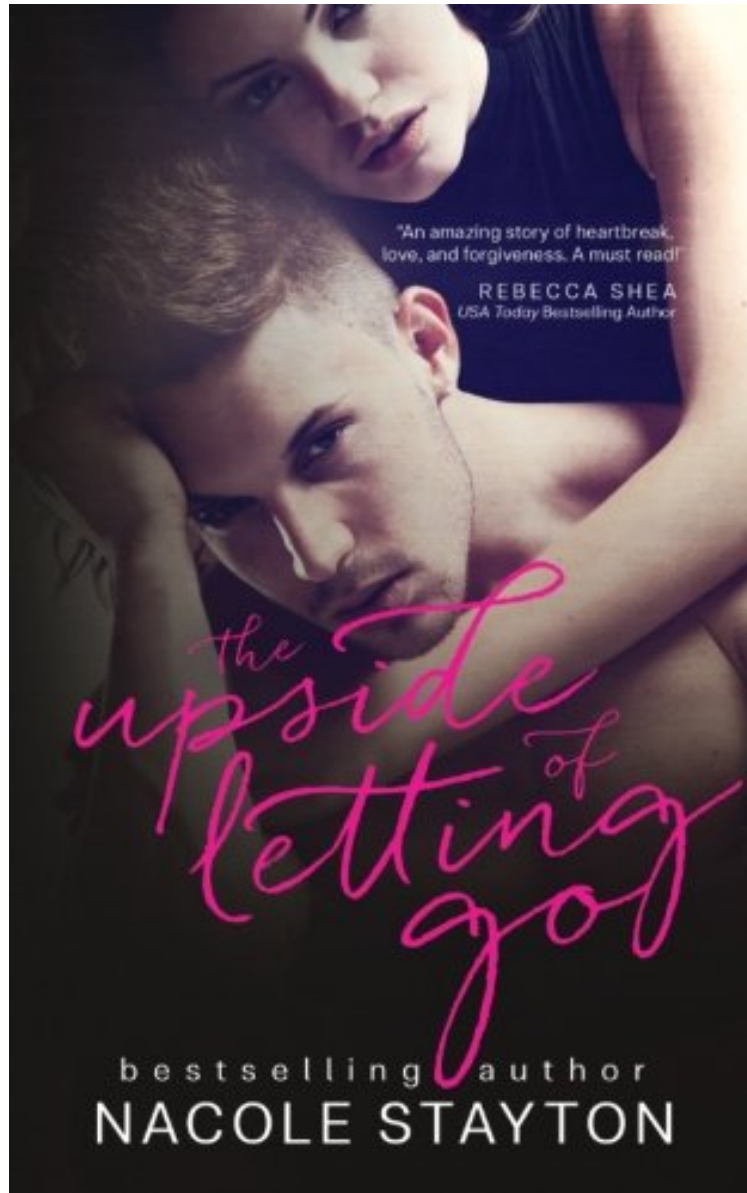


[Download free pdf] The Upside of Letting Go

## The Upside of Letting Go

*Nacole Stayton*

*ebooks | Download PDF | \*ePub | DOC | audiobook*



DOWNLOAD



+

READ ONLINE

#4634813 in Books 2013-04-27Original language:English 8.00 x .69 x 5.00l, #File Name: 1484131622306 pages | File size: 39.Mb

**Nacole Stayton : The Upside of Letting Go** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Upside of Letting Go:

1 of 1 people found the following review helpful. Brilliant debut for this authorBy Jenn Green'Staring at the huge campus in front of me, I take the plunge head first, praying for a fresh start. In a place where no one knows me as the girl with no family and issues not even the best therapists in the world can help. A place where people merely see me

and what I offer, not my horrid past that lingers over me like a black cloud I can't seem to shake.'Well that was....consuming. Once I started, I just could not walk away. So soooo many emotions, a heartbreaking, devastating yet beautiful story with some amazing, inspiring characters. I really can't go into the plot too much, there is just so much that you have to experience as it happens to feel the impact. Fair warning, you will probably spend most of the second half of the book with your jaw on the floor and tears in your eyes.'Death is like a welcome mat in my life, only I have become immune to the heart-wrenching pain that is associated with it.'Having suffered through some truly horrific, life altering events, Haley flees her home in Jersey to attend university in Alabama in an attempt to outrun her past. Almost immediately she runs into Kyler, literally. And though their first few meetings are filled with attitude, it's obvious they are attracted to each other but neither does relationships of any kind, so they fall back on avoidance. No matter how hard they try, their paths keep crossing and when the chemistry becomes too strong to ignore, they land in a "friends with benefits" type of situation. However, the more time they spend together, they both struggle with the reality that they both want more, even though the idea of a relationship scares the crap out of both of them. You see, Haley is not the only one who has suffered some traumatic events in life. They both feel a connection to the other and being together actually starts to help them both heal. So they cautiously enter into uncharted territory. It was actually quite lovely to watch. But, as luck would have it, Haley's past comes slamming into her present in a shocking way. From that point on the hits just keep on coming, angst drama are ever present and you have to wonder if they could possibly pull through it together. Friends family provide some support but their love for each other shines brightest. But how many hits can a relationship take before it crumbles? You'll have to read it to find out. This book was a bit of a surprise for me, I wasn't expecting quite so much heartache and shocks (which worked for me- angst I are best buds Lol). I fell in love with so many different characters and the ending just about knocked me over. If I had any complaints, I would wish it was a bit longer. Some parts of the book seemed kinda rushed, some major events breezed through. With that said, I still highly recommend this book. Underneath all the pain angst was a beautiful story of healing, forgiveness, trust, love and new beginnings. Brilliant debut from this author. 1 of 1 people found the following review helpful. Loved this!! By Secretly Adorkable Readers 18-language-sex-explicit-scenes, 2013-books, a-must-read, bad-boy, best-friend-romance, college-romance, emotional, family-drama, healing, hotness, love-triangle, new-adult-ya-romance, read, tragedy, unexpected-twists/Goodreads Review Updated and read on 04/25 thru 04/26/2013 Wow, what a beautiful love story! Loved all the characters and how the story flowed. There was so much tragedy but made up with so much love, healing, hotness, unexpected twists and a little bit of a love triangle between two special people in her Haley's life. It takes the upside of life of letting go of something so hard in life to press on and go forward. 1 of 1 people found the following review helpful. Wonderful read! By Paige Smith What a great debut novel for Nacole Stayton. Both Haley Martin and Kyler King have been dealt tragedy in their young lives. Haley packs up everything and heads south to leave her past behind. It's when she enrolls at the University of Alabama that she crosses path with Kyler. She is told more than once to leave this bad boy alone, but their chemistry is too strong. The "friends with benefits" arrangement between the two doesn't last long before the feelings become real. Once things start to look up for Haley, she is hit with a bombshell in the fact that her ex-boyfriend finds her. It is at this point that she becomes torn between her past with Jude and her present with Kyler. To add more fuel to the fire, she undergoes another tragic event in her life. This novel had me on an emotional roller coaster. The author's style of writing placed me inside the story and allowed me to feel sorrow for Haley. Even though there were times when I could have slapped Haley, I always understood her feelings and why she coped the way she did throughout the novel. It was the same way with Kyler. Their relationship allowed both of them a means of healing and letting go of their pasts in order to move forward with their futures. I loved the storyline and the many twists and turns. I also enjoyed the fact that this novel is a stand alone. I am looking forward to Ms. Stayton's next novel and proudly rate this one with five stars.

Haley Martin is no stranger to loss. One tragic event takes her entire family, leaving lingering nightmares to torment her at every turn. She decides the only way to let go of those nightmares is to literally move away from all that is familiar. Boarding a Greyhound bus, she leaves behind her past filled with heartbreak and misery, in hopes of starting a new life. By accident she meets Kyler King, a beautiful young man with a tragic past as well. He has no interest in settling down with anyone. With a reputation as being emotionally unattainable, he uses this façade to hide the burdens he bears every day. As Kyler and Haley's physical attraction becomes deeper, the secrets they have kept hidden threaten to surface. An unannounced visitor causes their pasts to collide with their present. Will their secrets prove to be too big of an obstacle, hindering their happily ever after, or will letting go be the key that locks their bond forever? Warning: This book is intended for readers 17+ due to explicit language and sexual encounters.

About the Author Christian "Nacole" Stayton is twenty-something years young and currently resides in the Bluegrass state. She spends her days working at a local hospital in the billing department and nights writing vigorously on her current novel. She has a passion for helping others and wears her University of Kentucky gear proudly. While her husband loves all things outdoors, Nacole enjoys the finer things in life like getting pedicures while reading on her Kindle Fire. She is passionate about her faith, family and The Bachelor. Her hair color changes with the seasons and

she has a weakness for tattoos, iced coffee, and happy endings.